



THE DANCE OF MARRIAGE

Step Into Connection. Move As One.

What it is:

Intentionally fun couples experience using the joy of partner dance and biblical reflection, to help couples share in moments of connection, rhythm, and grace.

How it works:

1. Choose a theme

We offer 6 different themes to deliver scripture-rooted moments that invite couples to reflect on their journey and God's design for unity—becoming "one flesh" (Genesis 2:24). Themes include but are not limited to: Adaptation, Trust, Intimacy, Partnership, Foundation, and Cooperation.

2. Choose a dance style

We offer 7 different beginner ballroom dance lessons anyone can learn. Through guided instruction, couples explore how movement can reflect the biblical elements of marriage. Dances include: Waltz, Tango, Foxtrot, Salsa, Merengue, Bachata, and Swing.

3. Describe the event

Date night, seminar, conference, or weekend retreat, we can adopt the experience to your event from a 45 min. lesson to main speakers to break out sessions, let's pray and design your experience together.

Book the Experience

- Cost of Travel from Hartford, CT (Drive or Air)
- Cost of Overnight Accommodations
- Honorarium

860.212.0350
info@steps2one.com

"Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace."

Matthew 11:28-30 MSG



Why couples love it:

"This was fun and healing."
"We saw our marriage through a new lens."
"The dance made it practical."

Perfect for:

- Date night events at churches or conferences
- Marriage retreats or enrichment weekends
- Small groups or young married couple ministries





THE DANCE OF MARRIAGE

Rey & Glendaly Bermudez make dancing with your spouse easy, meaningful, and fun through their creative marriage enrichment ministry Steps 2 One. Since 2016, Rey & Glendaly have encouraged couples from all over the country toward oneness using ballroom dance and personal testimonies of faith to promote biblical principles of marriage. Their unique teaching style entertains and empowers couples to connect in a non-intimidating way leading to countless smiles, hugs, and intimate moments.

Rey is a husband and father, who loves serve as a trained marriage enrichment counselor, master teaching artist, and professional educator. Glendaly is a wife and mom who loves to serve as professional social worker pursuing clinical certification, lead women's ministry, and loves to dance. Together, they're called to move healthy marriages and marriages to be, closer to Christ.

They are blessed to enjoy 14 years of marriage with a blended family of two young adults and a fifth grader. They also serve as featured artists for the Family Life Love Like You Mean It Cruise and Empowered to Love Marriage Experience.

Whether doing dance lessons, workshops, seminars, conferences, or marriage weekends, Glendaly have a passion for marriage, love, and all things Christ as they move couples to the unforced rhythms of grace! (Matt. 11:28-30).

Contact us today to schedule your couple or group experience.



Steps 2 One Dance of Marriage Seminar or Weekend Sample Outline

10:00 am – 10:15 am

Welcome and Introductions

10:15 am – 11:15 am

Session 1: A Sure Foundation

- “Bringing the Best You”
- Dancing Devotional
- Private Lesson (couples discussion)

11:15 am – 11:25 am

Break

11:25 am – 12:35 pm

Session 2: Cooperation

- “WE over the Me”
- Dancing Devotional
- Private Lesson
- Group Reflection

12:35 pm – 1:15 pm

Lunch

1:15 pm – 2:30 pm

Session 3: Reinforcing Trust

- “Forgiveness and Hope”
- Dancing Devotional
- Private Lesson

2:30 pm – 2:40 pm

Break

2:40 pm – 3:45 pm

Session 4: Creating Intimacy

- “Moving as One”
- Dancing Devotional
- Private Lesson

3:45 pm – 4:00 pm

Group Reflection, Prayer, Closing



Steps 2 One
with Roy & Glendaly