

# Steps 2 One

## DANCE OF MARRIAGE WEEKEND

Moving Couples to the Unforced Rhythms of Grace

### What it is:

A unforgettable experience for those seeking to strengthen their marriage relationship. Using the fundamentals of popular social and ballroom dances, Rey and Glendaly lead couples through mini-devotionals, Christ-centered principals, and real conversations leading to biblical foundations for oneness and kingdom impact.

### What to expect:

#### 1. Welcome & Warm-Up

Connect with your spouse—and with other couples—through guided icebreakers and simple movement.

#### 2. A Basic Step

Learn foundational ballroom dances with no experience needed. Through guided instruction, you'll explore how movement can reflect trust, leadership, communication, and grace.

#### 3. A Pattern to Follow

Between songs, enjoy short, scripture-rooted private moments that invite couples to reflect on their marriage journey and God's design for unity—becoming "one flesh" (Genesis 2:24).

#### 4. A Chance to Practice

Before the next dance, couples will be able to share reflections from private discussion that will benefit the community of couples as a whole.

#### 5. Closing Blessing & Dance Time

Wrap up with a blessing over your marriage and some open dance time to put your steps—and your love—into joyful motion.

#### Perfect for:

- Date night events at churches or conferences
- Marriage retreats or enrichment weekends
- Small groups or young married couple ministries

**“Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace.”**

Matthew 11:28–30 MSG



### Why couples love it:

“This was fun and healing.”

“We saw our marriage through a new lens.”

“The reflection made it spiritual. The dance made it practical.”

### Book the Experience

Rey & Glendaly Bermudez humbly request:

- Travel from Hartford, CT
- Accommodations
- Honorarium



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**Rey & Glendaly Bermudez** make dancing with your spouse easy, meaningful, and fun through their creative marriage enrichment ministry Steps 2 One. Since 2015, Rey & Glendaly have encouraged couples from all over the country toward oneness using ballroom dance and personal testimonies of faith to promote biblical principles of marriage. Their unique teaching style entertains and empowers couples to connect in a non-intimidating way leading to countless smiles, hugs, and intimate moments.

Rey is a professional dance instructor and trained counselor. Glendaly is a professional social worker who loves to dance and lead women's ministry. They are blessed to enjoy 13 years of marriage with a blended family of two young adults and a fourth grader. They also serve as featured artists for the Family Life Love Like You Mean It Cruise and Empowered to Love Marriage Experience.

The Dance of Marriage Weekend is a series of wildly entertaining and meaningful sessions for those seeking to strengthen their marriage relationship. Using the fundamentals of popular social and ballroom dances, Rey and Glendaly lead couples through a series of interconnected mini-devotionals, Christ-centered principals, and real conversations leading to understanding of the biblical fundamentals for oneness. During this time couples engage in both private and group discussions connected to predetermined dances and themes. Projects, take home materials, and supports are also part of the offering.

Contact us today to schedule your weekend experience.



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## Steps 2 One Dance of Marriage Seminar Sample Outline

**10:00 am – 10:15 am**

Welcome and Introductions

**10:15 am – 11:15 am**

Session 1: A Sure Foundation

- “Bringing the BestYou”
- Dancing Devotional
- Private Lesson (couples discussion)

**11:15 am – 11:25 am**

Break

**11:25 am – 12:35 pm**

Session 2: Cooperation

- “WE over the Me”
- Dancing Devotional
- Private Lesson
- Group Reflection

**12:35 pm – 1:15 pm**

Lunch

**1:15 pm – 2:30 pm**

Session 3: Reinforcing Trust

- “Forgiveness and Hope”
- Dancing Devotional
- Private Lesson

**2:30 pm – 2:40 pm**

Break

**2:40 pm – 3:45 pm**

Session 4: Creating Intimacy

- “Moving as One”
- Dancing Devotional
- Private Lesson

**3:45 pm – 4:00 pm**

Group Reflection, Prayer, Closing

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